

Date	Meal	Menu
Sept. 16	Lunch	Chicken Noodle Soup w/bun
Sept. 24	Breakfast	Scrambled eggs & Bacon w/fruit

Oct. 1	Lunch	Grilled Ham & Cheese w/veggies
Oct. 7	Lunch	Chicken Fried Rice
Oct. 15	Lunch	Cream of Tomato Soup w/bun
Oct. 21	Breakfast	Sausage & Egg English Muffin w/fruit
Oct. 28	Lunch	Spaghetti & Meatballs w/garlic toast

Nov. 4	Lunch	Chicken Caesar Wrap
Nov. 12	Lunch	Mini Pizza (cheese or pepperoni)
Nov. 18	Breakfast	Mini Wheats or Cheerios Cereal w/fruit
Nov. 25	Lunch	Turkey & Cream Cheese Wrap

Dec. 3	Lunch	Turkey Noodle Soup w/bun
Dec. 9	Lunch	Egg Salad Sandwich w/veggies
Dec. 16	Breakfast	Waffles w/fruit and whipped cream

Jan. 6	Lunch	Pulled Pork Sandwich w/coleslaw
Jan. 13	Lunch	Wonton Soup w/bun
Jan. 20	Breakfast	Yogourt parfait w/granola & berries
Jan. 27	Lunch	Meatball Sub w/veggies

Feb. 3	Lunch	Cream of Potato/Bacon Soup w/bun
Feb. 10	Lunch	Chicken Strips w/veggies
Feb. 18	Breakfast	Hard Boiled Eggs & Sausages w/fruit
Feb. 24	Lunch	Ham & Cheese Bun w/veggies

Mar. 3	Lunch	Chow Mein & Vegetable Rolls
Mar. 10	Breakfast	Pancakes w/fruit
Mar. 31	Lunch	Cream of Mushroom Soup

Apr. 7	Lunch	Beef Dip w/veggies
Apr. 14	Lunch	Chicken Fettucine Alfredo w/garlic toast
Apr. 22	Breakfast	Mini Wheats or Cheerios Cereal w/fruit
Apr. 29	Lunch	Beef Vegetable Soup w/bun

May. 5	Lunch	Macaroni & Cheese w/veggies
May. 12	Lunch	Grilled Ham & Cheese w/veggies
May. 20	Breakfast	Ham & Egg English Muffin w/fruit
May. 26	Lunch	Broccoli Cheddar Soup w/bun

Jun. 2	Lunch	Lasagna w/garlic toast
Jun. 9	Lunch	Sweet & Sour Meatballs w/rice and veggies
Jun. 16	Breakfast	Waffles w/fruit and whipped cream
Jun. 22	Lunch	Chicken Caesar Salad w/garlic toast